

AFFIRMATIONS FOR TRAINERS

- ♥ I am well-organized and prepared for all presentations.
- ♥ I am consistently confident in knowing and presenting information.
- ♥ I am aware of my role and welcome the expertise of others as a "knowledge warehouse".
- ♥ I am entrusted to provide a safe environment for participants, and I do this with ease.
- ♥ I enjoy my ability to reach participants in a sensitive, caring and informative way.
- ♥ I am dedicated to my professional growth and I value the learning's that the participants teach me.
- ♥ I have a sense of humor, and do not take myself too seriously.
- ♥ Each class will be better than the last, as I incorporate new ideas with gratitude.
- ♥ I have self-respect and take pride in my personal appearance.
- ♥ I love making a contribution toward the self-realization of others.
- ♥ I am fortunate to be in a role that has direct impact on people's beliefs.
- ♥ *I can make a difference. People can make a difference in me.*

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